



ROCKINGHAM BEACH PRIMARY CAMPUS SUMMER CANTEEN MENU



SEASONAL FRUIT AVAILABLE EVERYDAY

PLEASE MAKE SURE YOUR CHILD'S NAME, ROOM NUMBER & CORRECT PRICES ARE CLEARLY MARKED ON LUNCH BAGS.

BREAKFAST / MORNING

- G TOAST AND VEGEMITE \$0.50
- G TOAST PLAIN \$0.50
- G WARM MILO \$1.00
- G UP AND GO (assorted) \$2.00

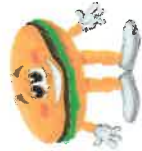


CRUNCH AND SIP BAG

- G CARROT AND CELERY STICKS, SULTANAS AND 1 PIECE OF FRUIT AND A SMALL BOTTLE OF WATER \$3.00

LUNCH DAILY

- A CHICKEN STRIPS (ea) (3 MAX) \$1.40
 - G HOT CHICKEN ROLL \$4.00
 - G ~~WASAGNE~~ \$4.00
 - G ~~SPAGHETTI BOLOGNESE~~ \$4.00
 - G ~~MACARONI CHEESE~~ \$4.00
 - G PIZZA ROUNDA WITH SALAD \$3.50
 - G CHICKEN BURGER WITH SALAD \$4.50
 - G HAMBURGER WITH SALAD \$4.50
- (ALL BURGERS MUST BE SERVED WITH SALAD)**



FRESH ROLLS AND SANDWICHES DAILY

ALL AVAILABLE AS A ROLL, WRAP OR SANDWICH
CHOICE OF WHITE OR WHOLEMEAL
ALL CAN BE MADE INTO A SALAD PLATE OR BOWL (\$4.00)

| | | |
|---|----------|--------|
| G | HAM | \$3.50 |
| G | CHICKEN | \$3.50 |
| G | TUNA | \$3.50 |
| G | EGG | \$3.50 |
| G | CHEESE | \$3.50 |
| G | SALAD | \$3.50 |
| G | VEGEMITE | \$2.00 |

(SALAD - LETTUCE, TOMATO, CUCUMBER, CARROT \$0.50)
CHEESE \$0.50, BEETROOT \$0.50, ROLLS/WRAPs EXTRA \$0.50,
ROLLS EXTRA \$0.50



TOASTY JAFFLES (LOW FAT CHEESE)

- | | | |
|---|----------------------------|--------|
| G | HAM AND CHEESE | \$4.00 |
| G | HAM, CHEESE AND TOMATO | \$4.00 |
| G | HAM CHEESE AND ONION | \$4.00 |
| G | CHEESE AND BAKED BEANS | \$4.00 |
| G | HAM CHEESE AND BAKED BEANS | \$4.00 |
| G | CHICKEN AND CHEESE | \$4.00 |
| G | CHEESE OR HAM | \$3.50 |



LUNCH LIMITED DAYS

MONDAY AND WEDNESDAY

- A PIE \$4.00
- A SAUSAGE ROLL \$3.00
- A MINI PIE \$3.00
- SAUCE \$0.30



TUESDAY AND THURSDAY

- A PIZZA SINGLE \$3.50

DAILY LUNCH SPECIAL

- MONDAY**
- G CHICKEN STRIP WRAP-LETTUCE TOMATO AND CUCUMBER WITH MAYONAISE ON A FRESH WRAP, SERVED WITH A JELLY CUP AND A JUICE BOX \$5.50

- TUESDAY**
- G NACHOS - CORN CHIPS WITH MILD SALSA SAUCE, LOW FAT GRATED CHEESE. SERVED WITH A FRESH MUFFIN AND A JUICE BOX \$5.50

WEDNESDAY

- G HOT BEEF & GRAVY ROLL JELLY AND A JUICE BOX \$5.50

THURSDAY

- G SAUCY SPAGHETTI - HOME MADE PASTA SAUCE WITH MINCE SERVED ON SPAGHETTI WITH LOW FAT GRATED CHEESE. SERVED WITH FRUIT YOGHURT AND A JUICE BOX \$5.50

FRIDAY

- G FANTASTIC FRIDAY FEAST - A SPECIAL HEALTHY MEAL FOR THE END OF THE WEEK SERVED WITH A JUICE BOX \$5.50

DRINKS

- | | | |
|---|------------------------|--------|
| G | UP & GO (assorted) | \$2.00 |
| G | LOW FAT FLAVOURED MILK | \$2.00 |
| G | FRUIT BOX 250ML | \$1.50 |
| G | ORANGE C 250ML | \$2.00 |
| G | LOL ASSORTED | \$2.00 |
| G | LARGE WATER | \$2.00 |
| G | SMALL WATER | \$1.50 |



PIRAHNA CHIPS ASSORTED

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|---|---------------------|--------|
| G | PLAIN POPCORN | \$1.30 |
| G | ICE CREAMS ASSORTED | \$1.00 |
| G | JUICY ICE STICKS | \$1.50 |
| A | YOGHURT AND YOGO | \$0.50 |
| A | JELLY CUP | \$2.00 |
| G | CUSTARD | \$1.00 |
| A | MUFFINS | \$1.00 |

G - Green choices - fill the menu
A - Amber choices - select carefully

The canteen will no longer be providing credit. Accounts must be paid in full on the day or alternatively you may leave some money and replenish when needed